Jalapeno Cheddar Buttermilk Biscuits

Grocery List

* 2 C AP Flour
* 1 Tbsp. Baking Powder
* 1 Tsp. Sea Salt
* ¼ Tsp. Baking Soda
* 1/8 Tsp. Sugar
* 6 Tbsp. Unsalted Butter, cold & shredded
* 1 C Old Cheddar Cheese, shredded
* 1 Jalapeno, seeded and diced
* 1 1/3 C Buttermilk
* EVOO Cooking Spray



Prep Time: 10 Min

Cook Time: 12 – 15 Min

10 – 12 Biscuits

1. Preheat oven to 450 F.
2. Combine all dry ingredients in a large mixing bowl. Shred the cold butter into the dry mix and gently cut it into the flour using a pastry cutter. (A fork will do as well!)
3. Add in the shredded cheddar and diced jalapenos. Stir gently to combine. Pour in the buttermilk and use a wooden spoon to slowly work the flour into the buttermilk. The dough should be fairly sticky (add buttermilk if needed), once combined transfer the dough to a floured surface and gently pat it out. Fold the dough over itself a few times and gently pat out once again.
4. Use a biscuit cutter (A glass works great too!) to cut the biscuits. Once cut, transfer the biscuits to a baking sheet that has been lightly sprayed with olive oil spray. Place the biscuits on the tray evenly apart and spray them with the oil spray.
5. Bake for 12 – 15 Minutes.
6. Transfer to a wire rack to cool and serve.